



- Communication
- Leadership
- Creativity
- Design thinking
- Change management
- Excellent training skills

English - C1  
Italian - C2  
Czech and Slovak - native

- Persuasive Presentation Skills
- Conflict Management Training
- Design Thinking
- The Art of Public Speaking
- Acting Course at Neklid Theatre Studio – completed as Theatre Apprentice
- Time Management

## Learning and Development Expert

I am passionate about people development. For over a decade, I have committed myself to nurturing employee growth within corporate environments. I love to create and lead new development projects and deliver my own trainings. Each year, hundreds benefit from my practical and immersive courses designed to foster a transformative mindset. I am always open to new challenges that allow me to make a meaningful impact in the field of people and culture.

**2025 - now: Head of People and Culture, Symphera s.r.o.**

Head of People & Culture and experienced People & Culture Consultant and Mentor. I currently lead strategic initiatives in talent management, leadership development, and cultural transformation. My responsibilities include advising leadership teams, designing and delivering leadership and communication trainings, optimizing HR processes, and mentoring executives and HR professionals. I also provide expert support in public speaking development for leaders and teams.

**2019 – 2024: Senior Learning & Development Specialist, 02 Czech Republic**

Member of the strategic Change Team, leading the company transformation, responsible for creating and leading business development educational projects for management at all levels. Job duties include designing, implementing, and monitoring the impact of entirely new educational programs, leading assessment and development centers, managing small teams, and conducting personal training sessions.

**2021 – now: Expert Trainer & Mindset Designer, BecauseYouShine**

Creating and leading successful courses on topics including public speaking, effective presentation skills, communication, design mindset, team leadership and motivation.

**2015 – 2019: Volunteer in Italy, Associazione di promozione sociale**

Volunteer work in Italian and English language in an Italian organisation focusing on people development and providing social services.

**2007 – 2015: Human Resources Senior Trainer, 02 Czech Republic**

Trainer of communication and sales skills.

2019 – 2021 Master degree in Andragogy, Palacký University in Olomouc, La Sapienza, Università di Roma

2022 MBA, Human Resources, EDU Effective Business School